



## LiSHMA Suggested Packing List

- ★ Skirts must cover the knees
- ★ No slits in skirts.
- ★ Shirts must cover elbows and collarbone, at all times
- ★ Socks need to meet the skirts
- ★ If leggings are worn, socks must cover the bottom of the leggings.
- ★ Robes/cover-ups worn to the pool or lake must offer proper coverage.
- ★ Only 1-piece bathing suits

__ 18 pairs underwear __ 24 pairs socks __ 11 shirts or blouses __ 8 skirts __ <b>1 set of expendable clothing</b> __ sweatshirt/pants/leggings/shoes __ Shabbos outfits __ Shabbos shoes __ <b>3 one piece</b> bathing suits __ bathing cap __ bathrobe that <b>covers knees</b> __ swimming slippers __ 2 pair light pajamas __ 2 pair warm pajamas __ 3 hooded sweatshirts	__ Tisha B'Av shoes if needed __ rain boots __ poncho or raincoat __ sneakers __ cap or hat __ warm quilt/blanket __ 2 sheets __ pillow __ 2 pillowcases __ 3 bath towels __ 3 hand towels __ laundry bag __ backpack __ 1 small overnight bag for niagara falls trip	__ Siddur __ sunscreen __ bug repellent __ box of tissues __ liquid soap __ bar soap __ body wash __ shampoo, conditioner __ toiletry bag or basket __ sanitary supplies __ comb, brush __ toothbrush, toothpaste __ plastic or metal cup __ flashlight, extra batteries __ nail clipper __ deodorant
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### Misc. Optional Items:

__ games __ books	__ stationery, pen __ money	__ stamps __ pencil/pen	__ bug repellent __ camera /charger	__ flashlight and batteries __ hair accessories
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