

# SHMA

A FAMILY OF CAMPS



## Pioneers Clothing/Accessory Packing List & Tznius Guidelines

Please be sure that her clothing corresponds with the tznius guidelines.

### Pioneers Tznius Guidelines:

- ★ Skirts must cover the knees
- ★ Shirts must cover elbows and collarbone, i.e. no scoop neck or v-neck shirts
- ★ Socks that cover the ankles must be worn at all times.
- ★ No bare feet, pedis, or tennis socks are allowed.
- ★ Robes/cover-ups worn to the pool or lake must offer proper coverage.
- ★ Only 1-piece bathing suits or full length tankinis may be worn.

\*\*\*\*\*Please note that all of these items are necessary for full participation in the program\*\*\*\*\*

<p>__18 pairs underwear            __24 pairs crew, knee, or bobby socks  <b>NO</b> short ankle socks            __11 shirts or blouses            __8 skirts that cover knees  <b>__1 set of expendable clothing for caving (8th Grade Only)</b>            sweatshirt/pants/leggings/shoes            __5 Shabbos outfits            __Shabbos shoes  <b>__3 one piece</b> bathing suits            __bathing cap  <b>__bathrobe that covers knees</b>            __swimming slippers            __2 pair light pajamas            __2 pair warm pajamas            __3 hooded sweatshirts  <b>__2 pairs leggings that meet socks- for hikes</b> NO capris            __water shoes - <i>that won't fall off</i> [for Delaware trip]</p>	<p>__Tisha B'Av shoes if needed            __rain boots            __poncho or raincoat            __cover-up for Delaware Trip  <b>(must have ¾ sleeves and cover knees)</b>            __white shirt for tie-dyeing            __sturdy hiking sneakers            __sturdy walking shoes            __sneakers [may be ruined]            __Tisha B'Av shoes if needed            __cap or hat            __warm quilt/blanket            __2 sheets            __2 pillowcases            __3 bath towels            __3 hand towels  <b>__sleeping bag</b>  <b>__backpack (must have double strap)</b>            __1 small overnight bag</p>	<p>__Laundry Bag            __Siddur            __sunscreen            __hiking canteen for water            __bug repellent            __box of tissues            __liquid soap            __bar soap            __body wash            __shampoo, conditioner            __toiletry bag or basket            __sanitary supplies            __comb, brush            __toothbrush, toothpaste            __plastic or metal cup            __flashlight, extra batteries            __nail clipper            __deodorant</p>
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### Misc. Optional Items:

__ games	__ stationery, pen	__ stamps	__ bug repellent	__ waterproof watch
__ books	__ money	__ pencil/pen	__ camera /charger	__ hair accessories